

TRIBE UPDATES

EL
SURF
lifesaving

>>> OUR TRIBE

Nahoon beach was a beehive of activity on Sunday, with our EL SURF Spring Splash and Open Day. We spent the morning introducing our new families to the exciting lessons of how to become a lifesaver, we had a successful Prizegiving, with guest speaker Kerry Elliott, our SA Representative. Well done to our members in achieving amazing results at EC Champs, Nationals and EP Champs!



NIPPETS



Nippets was busy this week with 29 Nippets having fun in the sun with their families. Lots of new happy faces. Our youngest Nippet is 2. We had some fun body boarding, running games, treasure hunt, and fun flags. We had 7 Nippets graduate to the u9 Nipper age group, and they were happy to get their certificate & skull cap from Kerry Elliott.

NIPPERS >>>

On Sunday we welcomed over 60 new nippers to our EL Surf TRIBE Wow! We loved seeing our returning nippers and it was so nice to see so many new faces. Clearly our nippers took to heart the instruction of bringing a friend along! Despite the weather being a bit gloomy we had fun with some running, flags and a bit of splashing! The flags arena saw some hot competition, and in the u13&14 group, Kyra Lilly Meyer was our champ, even outrunning the boys! The u11&12's, like the u9&10's, crowned no champions this week, because everyone was just remembering how to jump up as quickly as possible, we are excited to see how all this raw talent will develop. It was great to see some parents being shown how to manage the flags arena set up. Maybe give it a try again next time!

The highlight of the u9&10 arena was the water relay, where each team had to try to collect as much water in their buckets as possible, using small cups. Despite some cups leaking, some cracking, team 2 were crowned the winners by our independent mom judges! Thanks ladies!

The u11&12's had a constructive morning, running through easy drills on both land and in the water, getting everyone back into the swing of things!

The u13&14's all tackled a sea swim and made it out to backline - well done everyone! The water wasn't too cold, and the swell not too hectic, so a good day to try!

All in all a great opening of the Nippers season 2023/2024!

JUNIORS & SENIORS

Our juniors and seniors were put through water safety exercises to qualify for their JLA and SLA certificates. The conditions were perfect for them to demonstrate their skills and knowledge to our new comers.



WHATS UP NEXT

Dont forget to buy your raffle tickets, stand to win a JoJo Tank, a whole sheep or a beautiful piece of art!

10th Sep

Hudson Park High School Pool
session for fitness (10.30-12.00)
Nippets @ Nahoon 11.00-12.00

17th Sep

Hudson Park High School Pool
for our first swim test (10.30-12.00)
Nippets @ Nahoon 11.00-12.00

24th Sep

Heritage Day Carnival, training followed by
a bring & braai at the Clubhouse

11th Nov

EL Surf Tin Collection